

help me GROW

1-800-505-7000

4 feet

47"

46"

45"

44"

43"

42"

41"

40"

39"

38"

37"

3 feet

35"

34"

33"

32"

31"

30"

29"

28"

27"

26"

25"

2 feet

23"

22"

21"

20"

19"

18"

17"

16"

15"

14"

13"

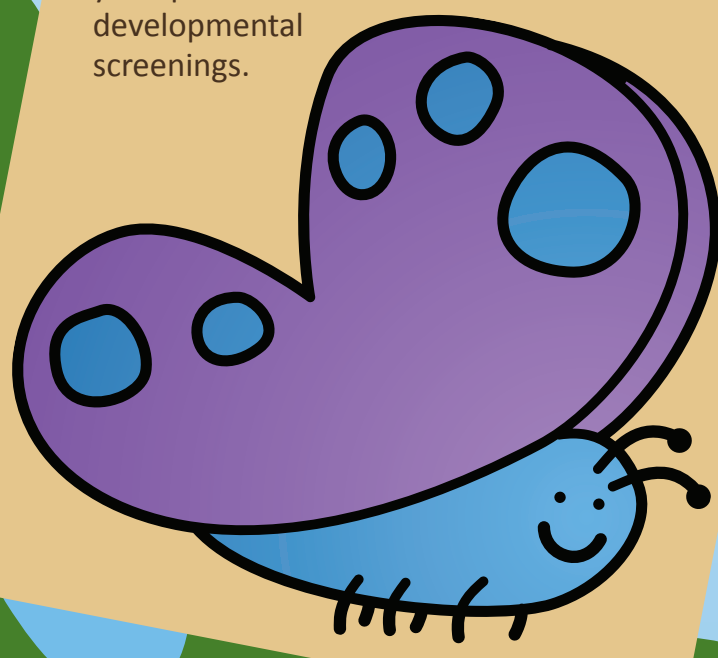
1 foot

5 Years

- Very interested in friends
- Speaks clearly using full sentences
- Counts 10 objects
- Eats with a fork or a spoon



We can sign you up for FREE developmental screenings.



4 Years

- Enjoys make-believe
- Tells stories
- Knows some colors and some numbers
- Can catch a bounced ball most of the time



We can connect you to services you might need.

3 Years

- Understands "mine," "his," and "hers"
- Names most familiar things
- Works 3-4 piece puzzles
- Turns pages in a book one at a time



We have information to share.

2 Years

- Becomes more and more independent
- Uses 2-4 word sentences
- Names pictures in a book like "house," "ball," or "dog"
- Goes up and down stairs holding on

1 Year

- Plays peek-a-boo and pat-a-cake
- Says "mama," "dada," and "uh-oh"
- Finds hidden things easily
- Pulls up to stand; may stand alone

It's your call!

If you have questions about your child's development, behavior or learning—or to register your child for a FREE developmental screening program—just call Help Me Grow at Child Development Infoline:

1-800-505-7000

Help Me Grow is a program of
 Connecticut Office of
 Early Childhood